

## **Pamela Bellamy, L.Ac., DOM**

Acupuncture is NOT a substitute for conventional medical diagnosis and treatment. Techniques commonly employed in the application of acupuncture:

- Acupuncture needling - treatment will consist of the insertion of sterile disposable needles at specific sites on the body. Stimulation of said needles may be by manipulation, electrical stimulation or the application of warming substances (moxa) on the needle itself.
- Auxiliary / Associated therapies - massage, assisted stretching, topical application of liniments.

There is no guarantee that acupuncture will help any condition. Certain medications and social habits may decrease the beneficial effects of acupuncture. These include the use and abuse of alcohol, tobacco, steroids, painkillers, narcotics, stimulants, antidepressants, psycho-pharmaceuticals and illegal drugs.

I, \_\_\_\_\_ certify that I have read and understood the statements above. I also certify that I have informed my acupuncturist of all known physical, mental and medical conditions and medications, and I will keep her updated on any changes.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

### **Payment and Cancellation Policies**

Payment is by check or cash or credit card (Master Card and Visa only). Full payment is expected at the time the services are rendered. There will be a \$20 charge for any check returned by the bank. If you must cancel your appointment, call as soon as possible to give us a chance to re-book your time slot. You must call before 5pm the day before your appointment or else you will be charged for your cancelled appointment. Exceptions can be made for medical emergencies. If you are an infertility patient and you start your period the day of your appointment, cancel it (unless you are experiencing severe cramps, in which case, do come in). You will not be charged for cancelling your appointment but please give us at least a few hours notice if you can.

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